



Youth Playing Regulations Overview

U11 Mixed League

Pitch - 16m (18yds)

Players - 8-10

Overs – 10-20

Age bracket:

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30th June.

Boundaries - Recommended Max 35m (38yds)

Dismissals - None

Pairs cricket rules apply - Max 4 overs per pair

Restrictions

- Minimum of 7 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

There are 5 ways which runs are deducted

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

Equipment - Wooden bats & white 4.75 oz Hard Ball

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Scoring – Both teams start on 100 runs

Surface - Games can be played on Grass, Muga & Astro turf but not 4g unless appropriate matting is present

Replay date for league fixtures must be within 21 days of original fixture (cut off is 14 August 2026)



U11 Mixed Cup

Pitch - 16m (18yds)

Players - 8-10

Overs – 10-20

Age bracket:

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30th June.

Boundaries - Recommended Max 35m (38yds)

Dismissals – All

Normal cricket rules apply

Restrictions

- Use a minimum of 7 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

Equipment - Wooden bats & white 4.75 oz Hard Ball

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Surface - Games can be played on Grass, Muga & Astro turf but not 4g unless appropriate matting is present



U11 Girls Hybrid/Softball

Pitch - 16m (18yds)

Players - 8-10

Overs – 10-20

Age bracket:

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30th June.

Boundaries - Recommended Max 35m (38yds)

Dismissals - None

Pairs cricket rules apply - Max 4 overs per pair

Restrictions

- Minimum of 7 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

There are 5 ways which runs are deducted

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

Equipment - Wooden bats and Incredi-Ball/ Sport Hub Indoor Ball

Safety Equipment	Incredi-ball		
Helmet	✓		
Gloves	✓		
Leg Pads	O		
Abdominal Guard (Box)	O		
Thigh Guards	O		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Scoring – Both teams start on 100 runs

Surface - Games can be played on Grass, Muga, Astroturf or 4g.

Replay date for league fixtures must be within 21 days of original fixture (cut off is 14 August 2026)

For 2026 the league teams shall play each other three times.



U13 Mixed Mixed Competition

Pitch - 18m (20yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

Age bracket:

- Recommended ages of 10 to 13 boys & girls
- Players to be aged 13 or under on 30th June.

Boundaries - Recommended Max 40m (43yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 35 runs (league only – no retirement in cup competitions)
- Use a minimum of 6 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 136g/4.75oz hard ball & full hard ball Equipment

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Replay date for league fixtures must be within 21 days of original fixture (cut off is 14 August 2026)

U13 Girls



Pitch - 18m (20yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

Age bracket:

- Recommended ages of 10 to 13 girls
- Players to be aged 13 under on 30th June.

Boundaries - Recommended Max 40m (43yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 35 runs (league only – no retirement in cup competitions)
- Use a minimum of 6 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 136g/4.75oz hard ball & full hard ball Equipment

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Replay date for league fixtures must be within 21 days of original fixture (cut off is 14 August 2026)

For 2026 the league teams shall play each other three times.



U15 Boys & U16 Girls

Mixed Competition

Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 13 to 15 boys & up to age 16 for girls.
- Players to be aged 15 (16 for girls) or under on 30th June.

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 50 runs (league only – no retirement in cup competitions)
- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 156g/5 ½ oz hard ball & full hard ball Equipment

Safety Equipment	5 ½ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Replay date for league fixtures must be within 21 days of original fixture (cut off is 14 August 2026)



U15 Girls

Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 13 to 15 girls.
- Players to be aged 15 or under on 30th June.

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 50 runs (league only – no retirement in cup competitions)
- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT – 142g, 5oz women's hard ball & full hard ball Equipment

Safety Equipment	5 oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Replay date for league fixtures must be within 21 days of original fixture (cut off is 14 August 2026)



U18 Boys Mixed Competition

Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 16 to 18 boys & girls.
- Players to be aged 18 or under on 30th June.
- U11s not permitted to play U18 League or Cup matches

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 156g/5 ½ oz hard ball & full hard ball Equipment

Safety Equipment	5 ½ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

Replay date for league fixtures must be within 21 days of original fixture (cut off is 14 August 2026)

For 2026 the league teams shall play each other once



U18 Girls Competition

Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 16 to 18 girls.
- Players to be aged 18 or under on 30th June.
- U11s not permitted to play U18 League or Cup matches

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT – 142g, 5oz women's hard ball & full hard ball Equipment

Safety Equipment	5 oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary