



Youth Playing Regulations Overview

U11 Mixed

Pitch - 16m (18yds)

Players - 8-10

Overs – 10-20

Age bracket:

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30th June.

Boundaries - Recommended Max 35m (38yds)

Dismissals - None

Pairs cricket rules apply - Max 4 overs per pair

Restrictions

- Minimum of 7 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

There are 5 ways which runs are deducted

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

Equipment - Wooden bats & white 4.75 oz Hard Ball

Safety Equipment	4 ¾ oz hard ball
Helmet	✓
Gloves	✓
Leg Pads	✓
Abdominal Guard (Box)	✓
Thigh Guards	✓
Arm Guard	0
Chest Guard	0
Key	Optional Recommended Necessary

Scoring – Both teams start on 100 runs

Surface - Games can be played on Grass, Muga & Astro turf but not 4g unless appropriate matting is present



U11 Girls Softball

Pitch - 16m (18yds)

Players - 8-10

Overs – 10-20

Age bracket:

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30th June.

Boundaries - Recommended Max 35m (38yds)

Dismissals - None

Pairs cricket rules apply - Max 4 overs per pair

Restrictions

- Minimum of 7 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

There are 5 ways which runs are deducted

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

Equipment - Wooden bats and Incredi-Ball

Safety Equipment	Incredi-ball
Helmet	✓
Gloves	✓
Leg Pads	○
Abdominal Guard (Box)	○
Thigh Guards	○
Arm Guard	○
Chest Guard	○
Key	Optional Recommended Necessary

Scoring – Both teams start on 100 runs

Surface - Games can be played on Grass, Muga, Astroturf or 4g.

U13 Mixed
Mixed Competition



Pitch - 18m (20yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

Age bracket:

- Recommended ages of 10 to 13 boys & girls
- Players to be aged 13 or under on 30th June.

Boundaries - Recommended Max 40m (43yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 35 runs (league only – no retirement in cup competitions)
- Use a minimum of 6 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 136g/4.75oz hard ball & full hard ball Equipment

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	0		
Chest Guard	0		
Key	Optional	Recommended	Necessary

U13 Girls



Pitch - 18m (20yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

Age bracket:

- Recommended ages of 10 to 13 girls
- Players to be aged 13 under on 30th June.

Boundaries - Recommended Max 40m (43yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 35 runs (league only – no retirement in cup competitions)
- Use a minimum of 6 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 136g/4.75oz hard ball & full hard ball Equipment

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	○		
Chest Guard	○		
Key	Optional	Recommended	Necessary

**U15 Boys & U16 Girls
Mixed Competition**



Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 13 to 15 boys & up to age 16 for girls.
- Players to be aged 15 (16 for girls) or under on 30th June.

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 50 runs (league only – no retirement in cup competitions)
- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 156g/5 ½ oz hard ball & full hard ball Equipment

Safety Equipment	5 ½ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	0		
Chest Guard	0		
Key	Optional	Recommended	Necessary



U15 Girls

Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 13 to 15 girls.
- Players to be aged 15 or under on 30th June.

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Compulsory batting retirement at 50 runs (league only – no retirement in cup competitions)
- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT – 142g, 5oz women’s hard ball & full hard ball Equipment

Safety Equipment	5 oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	○		
Chest Guard	○		
	Key	Optional	Recommended
			Necessary



U18 Boys Mixed Competition

Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 16 to 18 boys & girls.
- Players to be aged 18 or under on 30th June.

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT - 156g/5 ½ oz hard ball & full hard ball Equipment

Safety Equipment	5 ½ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	0		
Chest Guard	0		
Key	Optional	Recommended	Necessary



U18 Girls Mixed Competition

Pitch - 20m (22yds)

Players - 11 aside

Overs – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

Age bracket:

- Recommended ages of 16 to 18 girls.
- Players to be aged 18 or under on 30th June.

Boundaries - Recommended Maximum of 45m (50yds)

Dismissals - All

Restrictions

- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

EQUIPMENT – 142g, 5oz women’s hard ball & full hard ball Equipment

Safety Equipment	5 oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	○		
Chest Guard	○		
Key	Optional	Recommended	Necessary