



## Youth Playing Regulations Overview

### U11 Mixed

**Pitch** - 16m (18yds)

**Players** - 8-10

**Overs** – 10-20

#### Age bracket:

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Max 35m (38yds)

**Dismissals** - None

**Pairs cricket rules apply** - Max 4 overs per pair

#### Restrictions

- Minimum of 7 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

#### There are 5 ways which runs are deducted

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

**Equipment** - Wooden bats & white 4.75 oz Hard Ball

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

**Scoring** – Both teams start on 100 runs

**Surface** - Games can be played on Grass, Muga & Astroturf but not 4g unless appropriate matting is present



## U11 Girls

**Pitch** - 16m (18yds)

**Players** - 8-10

**Overs** – 10-20

**Age bracket:**

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Max 35m (38yds)

**Dismissals** - None

**Pairs cricket rules apply** - Max 4 overs per pair

**Restrictions**

- Minimum of 7 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

**There are 5 ways which runs are deducted**

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

**Equipment** - Wooden bats, Incredi-Ball or Hardball (as agreed by both teams)

Safety Equipment	Incredi-ball	4 ¾ oz hard ball
Helmet	✓	✓
Gloves	✓	✓
Leg Pads	0	✓
Abdominal Guard (Box)	0	✓
Thigh Guards	0	✓
Arm Guard	0	0
Chest Guard	0	0
Key	Optional	Recommended
		Necessary

**Scoring** – Both teams start on 100 runs

**Surface** - Games can be played on Grass, Muga & Astro turf but not 4g unless appropriate matting is present.

**U13 Boys & U14 Girls  
Mixed Competition**



**Pitch** - 18m (20yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

**Age bracket:**

- Recommended ages of 10 to 13 boys & up to age 14 for girls
- Players to be aged 13 (14 for girls) or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Max 40m (43yds)

**Dismissals** - All

**Restrictions**

- Compulsory batting retirement at 35 runs (league only – no retirement in cup competitions)
- Use a minimum of 6 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

**EQUIPMENT** - 136g/4.75oz hard ball & full hard ball Equipment

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
<b>Key</b>	Optional	Recommended	Necessary

## U13 Girls



**Pitch** - 18m (20yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

**Age bracket:**

- Recommended ages of 10 to 13 girls
- Players to be aged 13 under on 30<sup>th</sup> June.

**Boundaries** - Recommended Max 40m (43yds)

**Dismissals** - All

**Restrictions**

- Compulsory batting retirement at 35 runs (league only – no retirement in cup competitions)
- Use a minimum of 6 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

**EQUIPMENT** - 136g/4.75oz hard ball & full hard ball Equipment

Safety Equipment	4 ¾ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

**U15 Boys & U16 Girls  
Mixed Competition**



**Pitch** - 20m (22yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

**Age bracket:**

- Recommended ages of 13 to 15 boys & up to age 16 for girls.
- Players to be aged 15 (16 for girls) or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Maximum of 45m (50yds)

**Dismissals** - All

**Restrictions**

- Compulsory batting retirement at 50 runs (league only – no retirement in cup competitions)
- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

**EQUIPMENT** - 156g/5 ½ oz hard ball & full hard ball Equipment

Safety Equipment	5 ½ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	0		
Chest Guard	0		
<b>Key</b>	<b>Optional</b>	<b>Recommended</b>	<b>Necessary</b>



## U15 Girls

**Pitch** - 20m (22yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

### Age bracket:

- Recommended ages of 13 to 15 girls.
- Players to be aged 15 or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Maximum of 45m (50yds)

**Dismissals** - All

### Restrictions

- Compulsory batting retirement at 50 runs (league only – no retirement in cup competitions)
- Use a minimum of 5 bowlers.
- Maximum of 1/5 of the innings overs per bowler.

**EQUIPMENT** – 142g, 5oz women’s hard ball & full hard ball Equipment

Safety Equipment	5 oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary