



## Youth Playing Regulations Overview

### U11 (BOYS AND GIRLS)

**Pitch** - 16m (18yds)

**Players** - 8-10

**Overs** – 10-20

**Age bracket:**

- Recommended 8–11 year-olds
- Players to be aged 11 or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Max 35m (38yds)

**Dismissals** - None

**Pairs cricket rules apply** - Max 4 overs per pair

**Restrictions** - Minimum of 7 bowlers

**There are 5 ways which runs are deducted**

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

**Equipment** - Wooden bats

Safety Equipment	Incredi-ball	4.75 oz hard ball	
Helmet	✓	✓	
Gloves	✓	✓	
Leg Pads	○	✓	
Abdominal Guard (Box)	○	✓	
Thigh Guards	○	✓	
Arm Guard	○	○	
Chest Guard	○	○	
<b>Key</b>	<b>Optional</b>	<b>Recommended</b>	<b>Necessary</b>

**Scoring** – Both teams start on 100 runs

**Surface** - Games can be played on Grass, Muga & Astro turf but not 4g unless appropriate matting is present

## U13 GIRLS



**Pitch** - 18m (20yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

**Age bracket:**

- Recommended ages of 10 to 13 girls
- Players to be aged 13 or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Max 40m (43yds)

**Dismissals** - None

**Pairs cricket rules apply** - Max 4 overs per pair

**Restrictions** - Minimum of 6 bowlers

**There are 5 ways which runs are deducted**

- Bowled
- Caught
- Hit wicket
- Stumped
- Run out

**Equipment** - Wooden bats

Safety Equipment	Incredi-ball	4.75 oz hard ball	
Helmet	✓	✓	
Gloves	✓	✓	
Leg Pads	○	✓	
Abdominal Guard (Box)	○	✓	
Thigh Guards	○	✓	
Arm Guard	○	○	
Chest Guard	○	○	
Key	Optional	Recommended	Necessary

**Scoring** – Both teams start on 100 runs

**Surface** - Games can be played on Grass, Muga & Astro turf but not 4g unless appropriate matting is present

## U13 Boys & U14 Girls

### Mixed Competition



**Pitch** - 18m (20yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 30 overs

**Age bracket:**

- Recommended ages of 10 to 13 boys & up to age 14 for girls
- Players to be aged 13 (14 for girls) or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Max 40m (43yds)

**Dismissals** - All

**Restrictions** – Compulsory batting retirement at 35 runs & use a minimum of 6 bowlers

**EQUIPMENT** - 136g/4.75oz hard ball & full hard ball Equipment

Safety Equipment	4.75 oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
Key	Optional	Recommended	Necessary

## U15 Girls



**Pitch** - 20m (22yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

**Age bracket:**

- Recommended ages of 13 to 15girls.
- Players to be aged 15 or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Maximum of 45m (50yds)

**Dismissals** - All

**Restrictions** – Compulsory batting retirement at 50 runs & use a minimum of 5 bowlers

**EQUIPMENT** - 5oz women's hard ball & full hard ball Equipment

Safety Equipment	5 oz hard ball		
Helmet		✓	
Gloves		✓	
Leg Pads		✓	
Abdominal Guard (Box)		✓	
Thigh Guards		✓	
Arm Guard		○	
Chest Guard		○	
Key	Optional	Recommended	Necessary

**U15 Boys & U17 Girls  
Mixed Competition**



**Pitch** - 20m (22yds)

**Players** - 11 aside

**Overs** – Recommended 20 overs, with a minimum of 16 & maximum of 40 overs

**Age bracket:**

- Recommended ages of 13 to 15 boys & up to age 17 for girls.
- Players to be aged 15 (17 for girls) or under on 30<sup>th</sup> June.

**Boundaries** - Recommended Maximum of 45m (50yds)

**Dismissals** - All

**Restrictions** – Compulsory batting retirement at 50 runs & use a minimum of 5 bowlers

**EQUIPMENT** - 156g/5 ½ oz hard ball & full hard ball Equipment

Safety Equipment	5 ½ oz hard ball		
Helmet	✓		
Gloves	✓		
Leg Pads	✓		
Abdominal Guard (Box)	✓		
Thigh Guards	✓		
Arm Guard	O		
Chest Guard	O		
<b>Key</b>	<b>Optional</b>	<b>Recommended</b>	<b>Necessary</b>



North West Cricket Union Limited  
North West Centre of Excellence  
Bready Cricket Club  
Magheramason  
BT47 2RX