

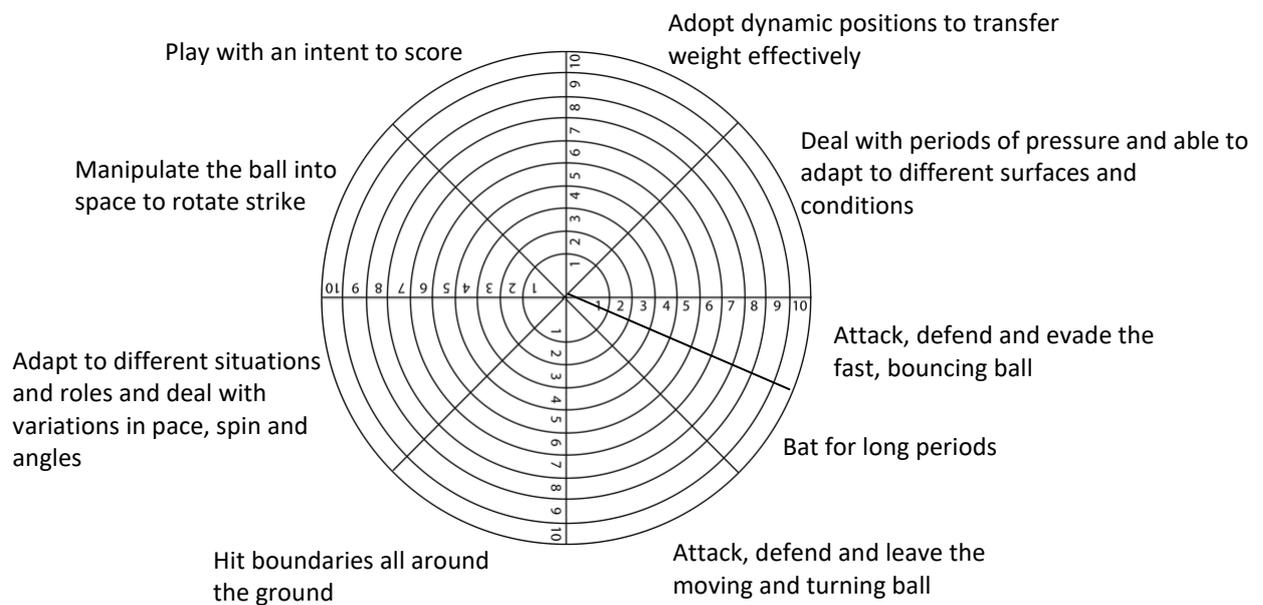
Player Self Reflection & Feedback

Player:		Date:	
Role In Squad:			

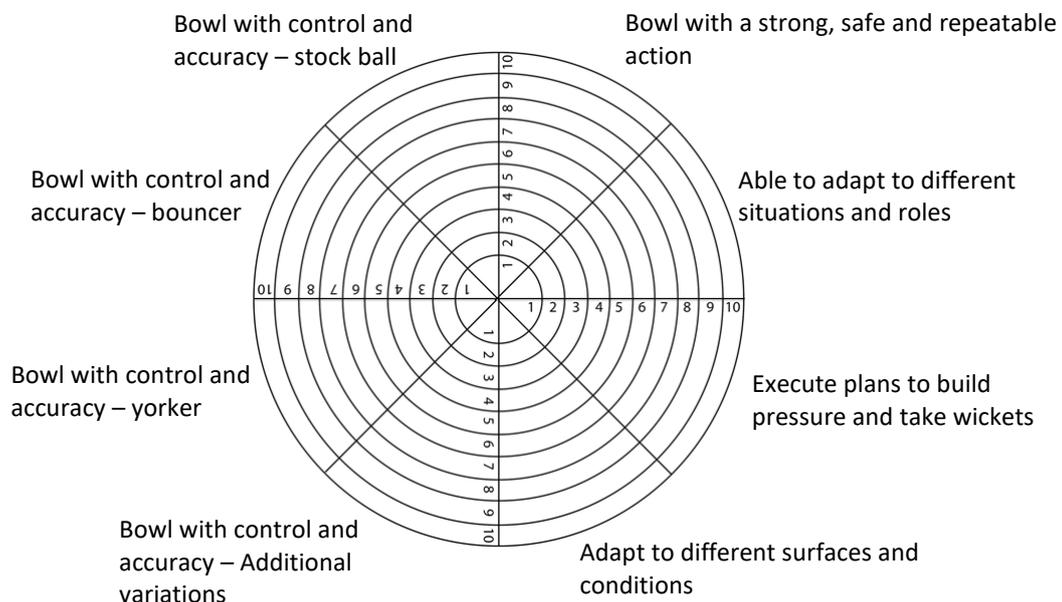
Reference: Elite/Personal

Out of 10; (1 = Needs Work – 10 = Exceptional)

Batting Characteristics

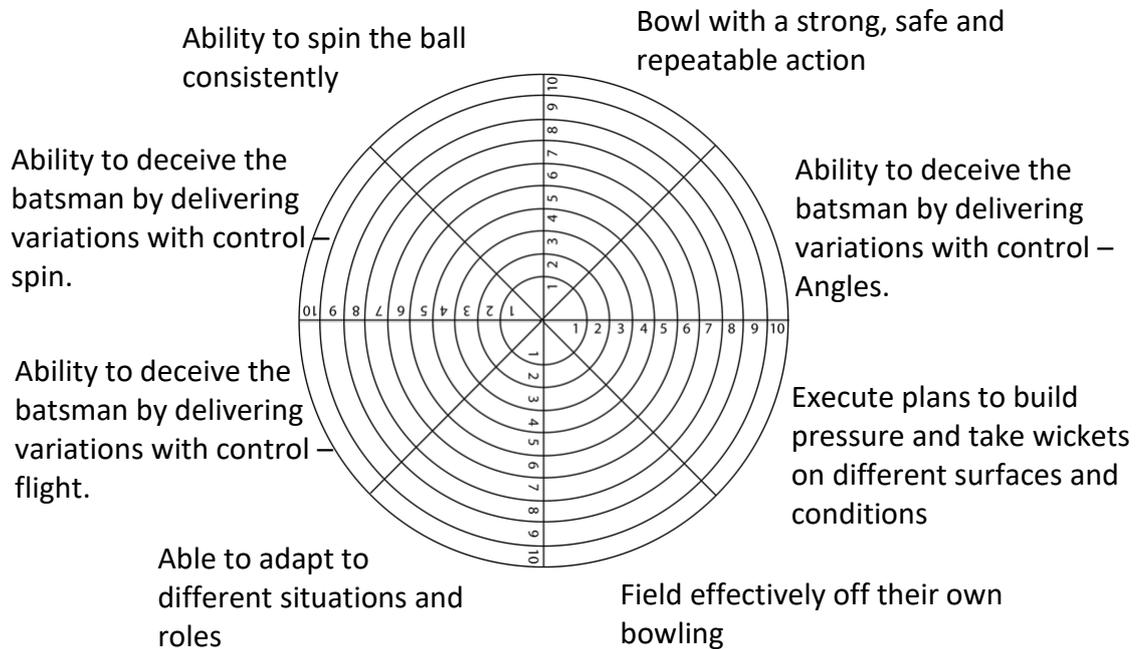


Seam Bowling Characteristics

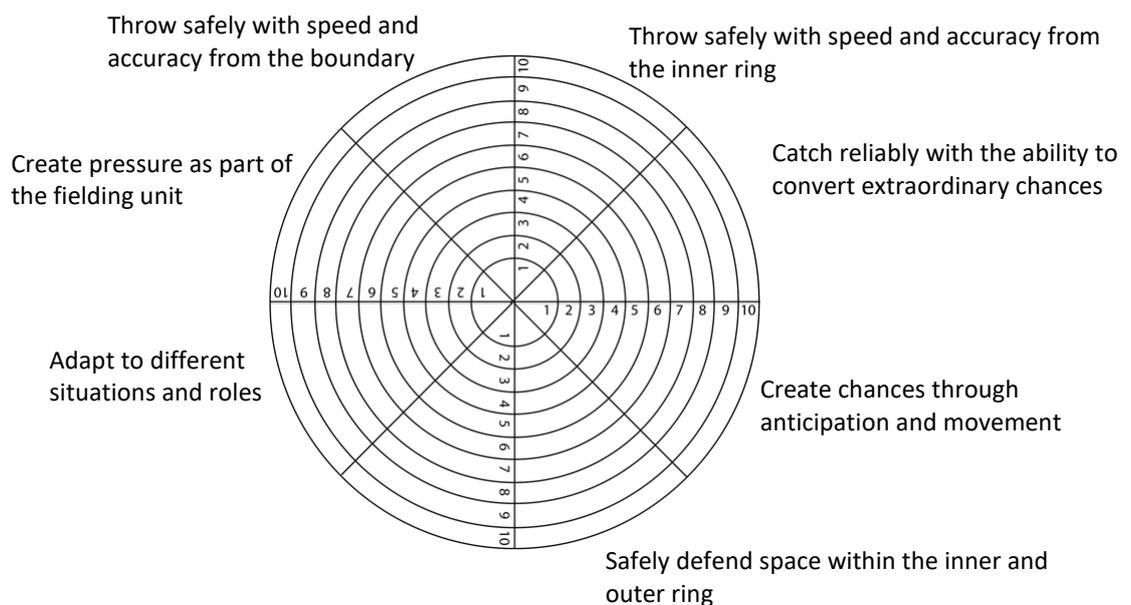




Spin Bowling Characteristics

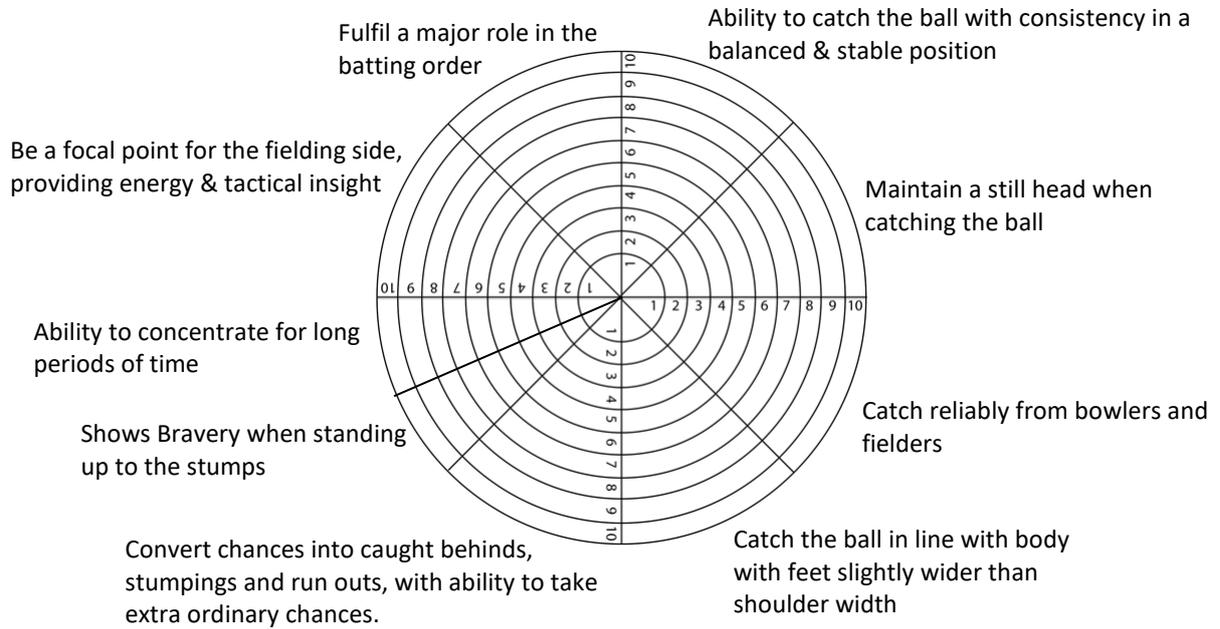


Fielding Characteristics

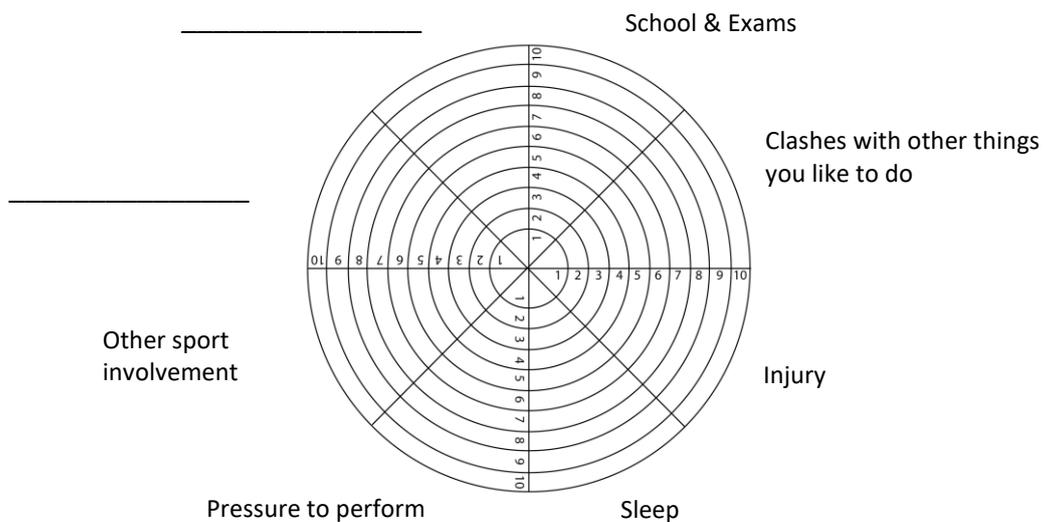




Wicketkeeping Characteristics



Challenges affecting Performance





Player Characteristics

Has an established physical profile, consistently achieving and maintaining 'benchmark standards

Consistently demonstrated honesty and where appropriate challenges themselves, coaches, and other players

Understands their game & themselves; consistently bounces back from disappointment

Consistently demonstrates enjoyment in the success of others in the team

Consistently sets and reviews challenging goals to provide direction and focus to training and competition

Can put success & failure into perspective with the ability to learn from both

Consistently able to handle the expectation of performing under pressure

Consistently operates at the edge of their capabilities and demonstrates this under pressure

